

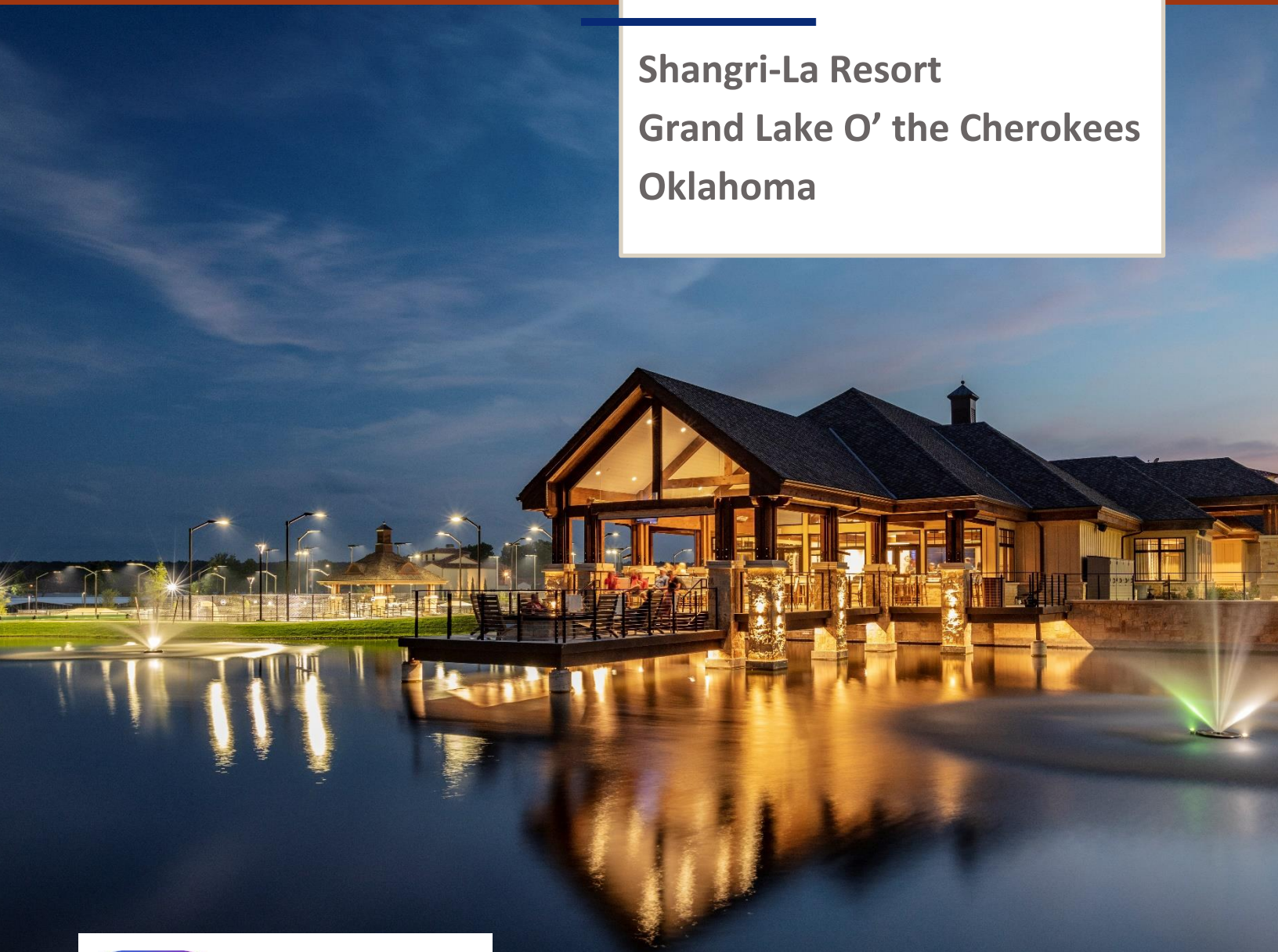
MID-CENTRAL STATES  
ORTHOPAEDIC SOCIETY, INC.  
FOUNDED 1954

# MCSOS 2023

Mid-Central States  
Orthopaedic Society, Inc.  
69<sup>th</sup> Annual Meeting

August 3-4-5, 2023

Shangri-La Resort  
Grand Lake O' the Cherokees  
Oklahoma



## **About the Meeting:**

Mid-Central States Orthopaedic Society, Inc. (MCSOS) hosts an orthopedic meeting each summer, highlighting geographic areas within the region. Meetings are a family-friendly half-day format with CME in the morning and free time in the afternoon. Located at the tip of Monkey Island on Grand Lake in Northeast Oklahoma, Shangri-La offers championship golf, tennis and pickleball courts, biking, and boat rentals. The hotel features indoor and outdoor dining, fine dining, a waterfront bar & grill, an indoor pool, medical spa and fitness center, playground, and a large pool with a splash pad and tanning ledges. MCSOS will be utilizing the turf wiffle ball field for a Thursday evening family tournament following the Welcome Dinner.

We invite you to join us in Oklahoma for a weekend of collaboration, learning, and networking while enjoying time at the lake with friends, family, and colleagues.

While online opportunities have expanded, personal relationships and interactions have lessened. At MCSOS, we appreciate the benefits of collegiality and connectedness within the health care profession and feel that our meeting is an excellent opportunity to build a relationship with Orthopedic Surgeons throughout the Midwest.



Shangri-La Resort boasts several prestigious golf courses, including an elite-level clubhouse housing the Golf Shop, the Buffalo Bar, and the Summit Restaurant. The golf club offers 27 holes of Championship Golf, including the Champions Nine, the Heritage Nine, and the Legends Nine. All facilities are available by land, water, and air. Grand Lake Regional Airport, with its 3,925-foot concrete runway, is adjacent to Shangri-La facilities. Club House shuttle service is also available from Shangri-La Marina, providing convenient access to all our facilities by boat.

## **About Mid-Central States Orthopaedic Society:**

MCSOS is a nonprofit (503c6), membership society for orthopedic professionals including MDs, DOs, RNs, PAs, Nurse Practitioners and Retired Physicians. Mid-Central States Orthopaedic Society was founded in 1954 to provide sharing, discussion, and collaboration among orthopedic surgeons in an eight-state area – Arkansas, Colorado, Iowa, Kansas, Missouri, Nebraska, Oklahoma, Wyoming, and states adjacent thereto. The organization's primary mission is to host an Annual Meeting that brings members together to learn and collaborate on the latest surgical, diagnostic and treatment trends, technology, and techniques in order to better care for patients.

## Tentative Weekend Schedule:

### Thursday, August 3, 2023

6:00 p.m. – 6:30 p.m.	Physician and Exhibitors Reception: Stop & Meet our 2023 Sponsors
6:45 p.m.	Welcome Social at the Anchor for Attendees, Sponsors, and Guests
7:00 p.m.	Taco and Fajita Bar and Drinks Co-Hosted by Orthopaedic Society of OK
8:00 p.m.	Express Wiffle Ball Tournament

### Friday, August 4, 2023

7:00 a.m. – 8:00 a.m.	Breakfast for Physicians and Exhibitors
8:00 a.m. – 8:30 a.m.	MCSOS Business Meeting for Members
8:30 a.m. – 10:00 a.m.	Spouses/Guest Coffee and Breakfast. Sitters will be available.
<b>8:30 a.m. – 1:00 p.m.</b>	<b>Scientific Session</b>
Afternoon Events:	Golf: Contact Dr. Daily/ Pay Onsite
Evening Events:	Enjoy Time with Your Family/Friends/Colleagues
	Social: Meet at the Anchor Firepits after Dark

### Saturday, August 5, 2023

6:00 a.m. - 6:45 a.m.	Fun Run: Details will be announced at the Friday Meeting
7:00 a.m. – 8:00 a.m.	Breakfast for Physicians and Exhibitors
<b>8:00 a.m. – 12:30 p.m.</b>	<b>Scientific Session</b>

\*\*This program will seek approval for a maximum of 8.0 AMA PRA Category 1 Credit(s)<sup>™</sup>

## Registration:

Active Physician: \$450

Non-Physician/PA/NP/RN or Retired Physician: \$225

Residents/Students: No Cost

\*\*Attendees are responsible for their own transportation costs, hotel, and meals outside of MCSOS hosted events. Online registration and additional information are available on the MCSOS website:

[www.midcentralstatesorthosociety.com](http://www.midcentralstatesorthosociety.com).

## Hotel and Lodging Information:

**Shangri-La Resort** ([shangrilaok.com](http://shangrilaok.com))

57301 E. Hwy 125

Monkey Island, OK 74331

Reservations: MCSOS has a block of rooms at a reduced rate until July 3, 2023. Please call (918) 257-4204. Book early as there is limited space!

## Contact and Additional Information:

[www.midcentralstatesorthosociety.com](http://www.midcentralstatesorthosociety.com)

[mcsos1954@gmail.com](mailto:mcsos1954@gmail.com)

## 2023 Registration:

# MID-CENTRAL STATES ORTHOPAEDIC SOCIETY, INC.

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69TH ANNUAL MEETING | SHANGRI-LA RESORT | GRAND LAKE O' THE CHEROKEES  
AUGUST 3-4-5, 2023

### 2023 MAIL-IN REGISTRATION FORM

		Price Each	Quantity	Total
REGISTRATION	<b>Active Physician Registration:</b> Includes Welcome Dinner Thursday Evening and Breakfast Friday & Saturday. Plus, you may join the Wiffle Ball Tournament and get a great team T-shirt!	\$450		
	<b>Non-Physician or Retired Registration:</b> PA, RN, NP, or Other Health Care Professionals. Registration includes Thursday Dinner and Breakfast Friday & Saturday. Join a Wiffle ball Team to get your money's worth!	\$225		
	<b>Golf Friday Afternoon: Pay Onsite</b> Following adjournment on Friday, join the group for a round of golf at this beautiful resort. Shangri-La currently boasts 27 Championship holes of golf and will add 18 Par 3 holes prior to our meeting. Guests welcome.	TBD Pay Onsite		
SOCIAL	<b>Additional Thursday Welcome Buffet and Express Wiffle Ball</b> Bring your family! Spouses, children, and significant others are encouraged to attend the welcome Dinner on Thursday Evening. A casual taco/fajita bar is planned, followed by a short Wiffle Ball Tournament. Please comment regarding spouses and younger guests (with ages) for an accurate head count	--		
	<b>Breakfast for Spouses/Guests:</b> Once the scientific session starts on Friday at 8:30 am, spouses/guests are encouraged to join us for breakfast or coffee. (Location TBA.) Childcare will be available at the outdoor playground, weather dependent. Contact Christina @ 785-643-8601 to discuss needs.	--		
	<b>Fun Run:</b> Rise and Shine! We meet early for a morning run before the meeting starts. Information on meeting and route will be announced during the meeting Fri.	--		
DUES	<b>Annual Dues-Active Physician:</b> If you have not paid your 2023 Annual Dues, you may add them now! Your dues help support planning the upcoming meeting and provides scholarship money for residents and students to attend. Membership also gives you a voice in programming and involvement through networking.	\$285		
	<b>Annual Dues-Retired/Non-Physician Members</b> Dues for over 70 or Retired Physicians. Reduced dues are for non-physician members, including PAs, RNs, NPs, or other professionals.	\$100		
	<b>Total:</b>			



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## 2023 MAIL-IN REGISTRATION FORM

\*Name: \_\_\_\_\_

\*Address: \_\_\_\_\_

\*Phone Number: \_\_\_\_\_

\*Email: (confirmation will be sent when payment is received)  
\_\_\_\_\_

Please note total number of guests for each event:

\_\_\_\_\_ Thursday Night Meal

\_\_\_\_\_ Wiffle Ball: T-shirt sizes (Kids and adults encouraged to play) \_\_\_\_\_

\_\_\_\_\_ Spouse/Guest Friday Breakfast: # Children need childcare \_\_\_\_\_

\_\_\_\_\_ Golf Friday Afternoon

\_\_\_\_\_ Fun Run Saturday AM

Spouse or Additional Guests Names (and Ages of Children):  
\_\_\_\_\_  
\_\_\_\_\_

Spouse Email and Cell Phone Number: (for updates on meeting activities that pertain to them)  
\_\_\_\_\_  
\_\_\_\_\_

Comments:

Please Mail the Registration Forms and Full Payment to:  
**MCSOS**  
**c/o Christina Daily**  
**6 Red Fox Lane**  
**Salina, KS 67401**

Questions: Contact Christina at (785) 643-8601 or [mcsos1954@gmail.com](mailto:mcsos1954@gmail.com).  
Additional Information can be found online at: [midcentralstatesorthosociety.com](http://midcentralstatesorthosociety.com).